

2024

ANNUAL REPORT





apunipima

CAPE YORK HEALTH COUNCIL



CAPE YORK
PENINSULA

QUEENSLAND

AUSTRALIA

HORN ISLAND

NEW MAPOON
UMAGICO
INJINOO

SEISIA
BAMAGA

MAPOON

WEIPA

NAPRANUM

LOCKHART
RIVER

AURUKUN

COEN

PORMPURAAW

KOWANYAMA

HOPEVALE

LAURA

COOKTOWN

WUJALWUJAL

MOSSMAN
GORGE

CAIRNS

our health in our hands



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CHAIRPERSON'S WELCOME

It gives me great pleasure to welcome everyone to this year's Annual Report and to present the report on behalf of the Board and the communities we represent. I'd like to acknowledge the traditional custodians of the land throughout the Cape, and pay respects to their Elders past, present and emerging. I'd also like to thank all communities for welcoming Apunipima onto their land to provide much needed services to those communities.

It's been a huge year for our organisation and we continue to grow and make a difference for Cape York. We've had great progress on our infrastructure projects. Our accommodation builds in Kowanyama and Mapoon progressed through the planning and approvals process throughout the year. I'm happy to report that at the time of writing this, the build has begun in both communities. In Pormpuraaw, we have secured funding from the Federal Government to build a new Primary Health Care centre. This is fantastic news for Pormpuraaw, a community we've been engaging with about a new health centre for several years now. There's still a few hurdles to clear but everything is looking very positive and I expect to have more good news about this in next year's report.

At a board level, this year saw a clarification and a redefining of our long-term direction. We reviewed the Constitution and the Board Charter and made changes that bring us in line with what we need to see in governance of the organisation. We've grown our partnerships with Torres & Cape Hospital & Health Service and we're regularly sitting down and having positive discussions about how to work together for the Cape. Our relationship with QAIHC (Queensland Aboriginal & Islander Health Council) is also strong and we're very appreciative of the help we get from them. Queensland Local elections were held in March and as a result we have lots of new faces in local councils across the Cape. I would like to extend my congratulations to those who were voted into office and say that we're looking forward to working with the Cape York Councils over the next four years.

On the ground in our communities, we have seen huge progress made again by our Health Action Teams. Through their hard work and advocacy, the HATs continue to grow their roles as the voice for the health of their communities. With a growing emphasis on the 'grassroots governance' framework that the HATs stand for, I expect more progress from the HATs in the coming years as they take on more responsibilities for their communities and our organisation.

The reinvigoration of our Health Expos this year has been a welcome step forward in engaging our communities about

their health and wellbeing. The communities have asked for more of these local 'health events' and in Mapoon in May we hosted the first of six Expos scheduled for 2024. With similar events to follow in Mossman Gorge, Coen, Aurukun, Kowanyama and Napranum in the second half of 2024, the board expect these events to become a permanent fixture on the annual calendar.

On a less positive note, one of our communities this year experienced something that we hope no community ever has to go through when Wujal Wujal was inundated with flood waters. The flooding in the aftermath of Cyclone Jasper in December forced the emergency evacuation of the entire community and wiped out much of the community's infrastructure and housing. The rebuild will be ongoing for some time and our thoughts and prayers remain with that community. If there was a positive to draw from that event, it was the response from Apunipima in the following weeks and months. The way that management and staff mobilised to address the many and changing health and wellbeing needs of the community in the aftermath was incredible.

Looking ahead, we have the 30th anniversary of Apunipima celebrations in November this year which everyone is looking forward to. I know that preparations began in 2023 for what is certain to be a great event with a 2-day health summit followed by a gala dinner. In Napranum, the Coordinated Case Care trial is now under way and I'm looking forward to seeing how that unfolds. There's plenty of excitement around this trial and if successful, it could change the way Apunipima and the rest of the community-controlled health industry operate. Watch this space.

One final thing before I sign off, I'd like to acknowledge former Apunipima and QAIHC CEO Cleveland Fagan who passed quite suddenly earlier this year. Cleveland served as our CEO for 12 years and was instrumental in Apunipima's transition to service delivery. He was dearly loved by many in our organisation and his passing was felt all over the Cape. He will be missed.

Thanks again to our staff, management, board and communities for another year of progress for Cape York health.

TREVOR SHANE GIBSON
CHAIRPERSON

CEO FOREWORD



It is with pleasure that I present the 2024 Annual Report of the Apunipima Cape York Health Council Ltd (Apunipima). In presenting this report, I acknowledge the traditional custodians of the land, sea and waters of the Cape York communities and pay respect to elders past and present. I also acknowledge the acceptance of Apunipima by Cape York communities in allowing us to deliver health and wellbeing services on their lands across Cape York.

The 2024 Annual Report will provide an insight into the programs and services that Apunipima has delivered across Cape York communities over the past financial year. From our Primary Health Care Centres in Aurukun, Kowanyama, Mapoon, Napranum, Coen and Mossman Gorge and Wellbeing Centres in Aurukun, Coen, Mossman Gorge and Hopevale to the programs and activities delivered across other communities through partnership with local community organisations, Apunipima demonstrates our commitment to improving the health and wellbeing of individuals, families and communities of Cape York.

On the following pages, you will find stories about our activities in all Cape York communities along with information on the work of our corporate services as well as key data relating to specific areas of interest such as our workforce, accreditation, marketing and finance.

Partnerships with local community organisations has been a focus for Apunipima over several years, where we have engaged and nurtured working relationships with key providers. One such organisation is the Northern Peninsula Area Family and Community Service (NPAFaCS). While Apunipima is a Cape York organisation and has a Cape York membership, our service footprint does not include the Northern Peninsula Area (NPA) which has its own community-controlled health organisation, NPAFaCS. In delivering the Cape York Tackling indigenous Smoking (TIS) Program, Apunipima has developed a collaborative partnership with the NPAFaCS to support the delivery of the TIS Program across the NPA. Our collaboration with the NPAFaCS supports the principles of community-control while enabling Apunipima to lead the Cape York TIS Program by partnering with the local community-controlled health organisation, the NPAFaCS.

Although this partnership is quite new, it has been one of collaboration as we work together towards positive program outcomes.

As Apunipima moves towards achieving our Vision of 'community controlled primary health care in Cape York' we will continue to develop strong partnerships with local community organisations to enable the principles of community control - self-determination and self-management - to be a focus of the organisation's direction. Our Health Action Teams have developed in capacity and capability over the years as our community development officers and local staff promote local community governance. This focus will continue as we progress toward achieving our Vision.

The Board has maintained a clear and concise direction for the organisation which has enabled Senior Management to focus energy on implementing improvements in service operations that will result in the delivery of effective and efficient health and wellbeing services across Cape York but certainly in our own Primary Health Care Centres and Wellbeing Centres.

This year we finalised an internal review of our service operations and in May 2024 implemented a re-alignment of the organisation's operational structure to support efficiencies and effectiveness in service delivery. The re-alignment will continue to be monitored and reviewed, with changes to occur as we identify blockages that impact on the delivery of safe, high quality primary health care services across Cape York.

The review included consideration of our internal operational governance which has resulted in a more streamlined and consistent structure that supports the organisation's goal of safe, high quality primary health care. We expect that the revised operational governance structure will provide better oversight of service operations and increased opportunity to address issues pro-actively and systematically.

During the past year, we have continued to maintain our working relationships with key regional state and national Aboriginal and Torres Strait Islander Health bodies such as the National Aboriginal Community Controlled Health Organisation (NACCHO), the Queensland Aboriginal and Islander Health Council (QAIHC) and the Northern Aboriginal and Torres Strait Islander Health Alliance (NATSIHA).

We have maintained our strategic collaborations with the Torres and Cape Hospital and Health Service (TCHHS) and Cairns and Hinterland Hospital and Health Service (CHHS) as well as the Royal Flying Doctor Services (RFDS), Mookai-Rosie Bi-Bayan Aboriginal Corporation (Mookai-Rosie), the Queensland indigenous Family Violence Service (QIFVLS) and the Cape York Regional Area Aboriginal and Torres Strait Islander Child Care Corporation (RAATSICC). These collaborations have been beneficial in enabling us to work towards our goal of improving the health and wellbeing of Cape York individuals and families, giving particular consideration to the impact of the social determinants of health and wellbeing.

As Apunipima moves into its 31st year of operation, we will continue to work towards our vision of community controlled primary health care for Cape York and focus on working with local communities to Close the Gap in health and wellbeing outcomes.

A handwritten signature in blue ink that reads "Debra Malthouse". The signature is fluid and cursive, written over a light blue background that features a faint map of Cape York.

DEBRA MALTHOUSE
CEO

THIS YEAR

EXCITING TRIAL FOR APUNIPIMA

Apunipima Cape York Health Council has teamed up with key service providers in the Weipa region to trial a new expanded approach to health care that encompasses various social factors to determine what impact those factors have on the health and wellbeing of Napranum's residents.

The Napranum Case Care Coordination Trial is designed to connect clients with all the relevant stakeholders in community who will collaborate with the aim of eliminating the separation of health care from the social determinants that affect health and wellbeing. The result is a care system that for the first time in Napranum will bring service providers together to examine community social factors as well as health factors to address the overall wellbeing of community members.

"Aboriginal health is not just about the physical wellbeing of people, we also take into account social, emotional, cultural and spiritual factors, because we know that all of these things impact a person's physical health," said Apunipima CEO Debra Malthouse.

The trial aims to look at all the social and cultural aspects of community life, from food security and fitness right through to home life, employment and financial health. Ms Malthouse believes that the more stakeholders working together, the better placed care providers will be to implement a care model that benefits the community member.

"When you expand the service provider group to include those dealing with the social determinants like Council, employment agencies, justice group and others, that greatly increases access to services in Napranum and this trial is about engaging with and bringing those services into the health conversation," she said.

The conduit for the system – as always with community-controlled health care – will be the Aboriginal and Torres Strait Islander Health Worker. The Health Worker led model is based on the principle that the health worker is the link between the client and the wider health system. The trial will still use this model, just in an expanded scope to include social factors.

Weipa Community Care Association (WCCA) is the only social service in the Weipa area and provides a wide range of services from after-school care to domestic violence crisis management. Shaylee Gomes is the Community Connect worker for WCCA and says she is excited by what the trial could show.

"Everything that we're trying to do here involves looking at the situation holistically, so I think coming together and networking as a community while engaging around the whole family unit is the best possible way to use the limited resources we have available," she said.

It's this collaboration and team-based approach that also has Weipa-based staff from the Department of Treaty and Aboriginal & Torres Strait Islander Partnerships, Communities & the Arts, excited about the possibilities. The Queensland government department is a key advocacy group and works closely with Napranum Aboriginal Shire Council on strategic decision making.

"Having all the services at the table relevant for that family means we're on the right track and, not just looking at the family holistically, but also individually because everyone is different and has different circumstances, and I think that's the thing that this trial is really going to unpack," said Senior Project Officer Darren Wall.



APUNIPIMA SEES SIGNIFICANT ACTION ON INFRASTRUCTURE PROJECTS

The 2023/24 financial year saw the progress from concept through to approval to build our new accommodation facilities in Kowanyama and Mapoon. Accommodation is a consistent challenge for the organisation, particularly in dry season when busy periods in communities can result in interruptions to service delivery due to a lack of accommodation for FIFO staff. These projects have both seen plans approved by the Apunipima Board of Directors and Local Council and, at the time of publication, both of these projects have commenced and are scheduled for completion by December 2024.

Also progressing in the planning phase in 2024 is Apunipima's

new Primary Health Care Centre for Pormpuraaw. On the 31st May Apunipima received word that its funding application to the Australian Government for \$5.9m to build a new Primary Health Care Centre and staff accommodation in Pormpuraaw had been granted. This announcement was the culmination of many years of consultation with the community, Apunipima's local Health Action Team and local Council, with all three groups receptive to a Community-Controlled Health Centre for Pormpuraaw.

JULY 2023 - JUNE 2024



CLIENTS 3299

CLIENT CONTACTS

21,065

* Clinical Services

Community	Client Contacts
Aurukun	4851
Coen	1084
Hope Vale	1817
Kowanyama	2916
Laura	62
Lockhart River	92
Mapoon	343
Mossman Gorge	4524
Napranum	4718
Pormpuraaw	167
Wujal Wujal	491

E-HEALTH

In the past twelve months, eHealth has supported the organisation through various electronic systems projects as well as facilitating training and assistance for users of those systems. The Social and Emotional Wellbeing (SEWB) team has been transitioned to fully electronic records and data management systems with face-to-face training being provided in all of our sites as well as ongoing practical support via Teams and regular site visits. We have also been adding new services and providing training as the programs commence.

Electronic Dispensing was installed in the last of our S100 sites meaning that all eligible sites are now fully operational. We continue to provide training and support to the practice nurses who are responsible for managing the system in the clinics.

We have commenced working with an experienced external

team to develop data dashboards that will allow us to view our data in a more efficient way and will also eliminate the reliance on particular staff to access information. We are expecting these works to be finalised by the end of September 2024.

Privacy, Confidentiality and Consent Training has also been rolled out this year across all the teams and is now part of the compulsory training matrix moving forward.

The TCHHS commenced their transition to Best Practice with Aurukun being the first site to switch. These works required that we have our S100 service fully operational. We now have capability to send secure messages between the two health services. Staff have been trained and ongoing support will be provided for the new procedures.

BOARD OF DIRECTORS



Trevor Shane Gibson
Chairperson

REGION FIVE
HOPE VALE



Thomas Hudson
Deputy Chairperson

REGION THREE
KOWANYAMA



Patricia Yusia

REGION ONE
BAMAGA



Mary Yoelu

REGION ONE
UMAGICO



Aileen Addo

REGION TWO
MAPOON



Dereck Walpo

REGION THREE
AURUKUN



Ethel Singleton

REGION FOUR
LOCKHART RIVER



Donna Henning

REGION FIVE
MOSSMAN GORGE

OUR SKILLS-BASED DIRECTORS



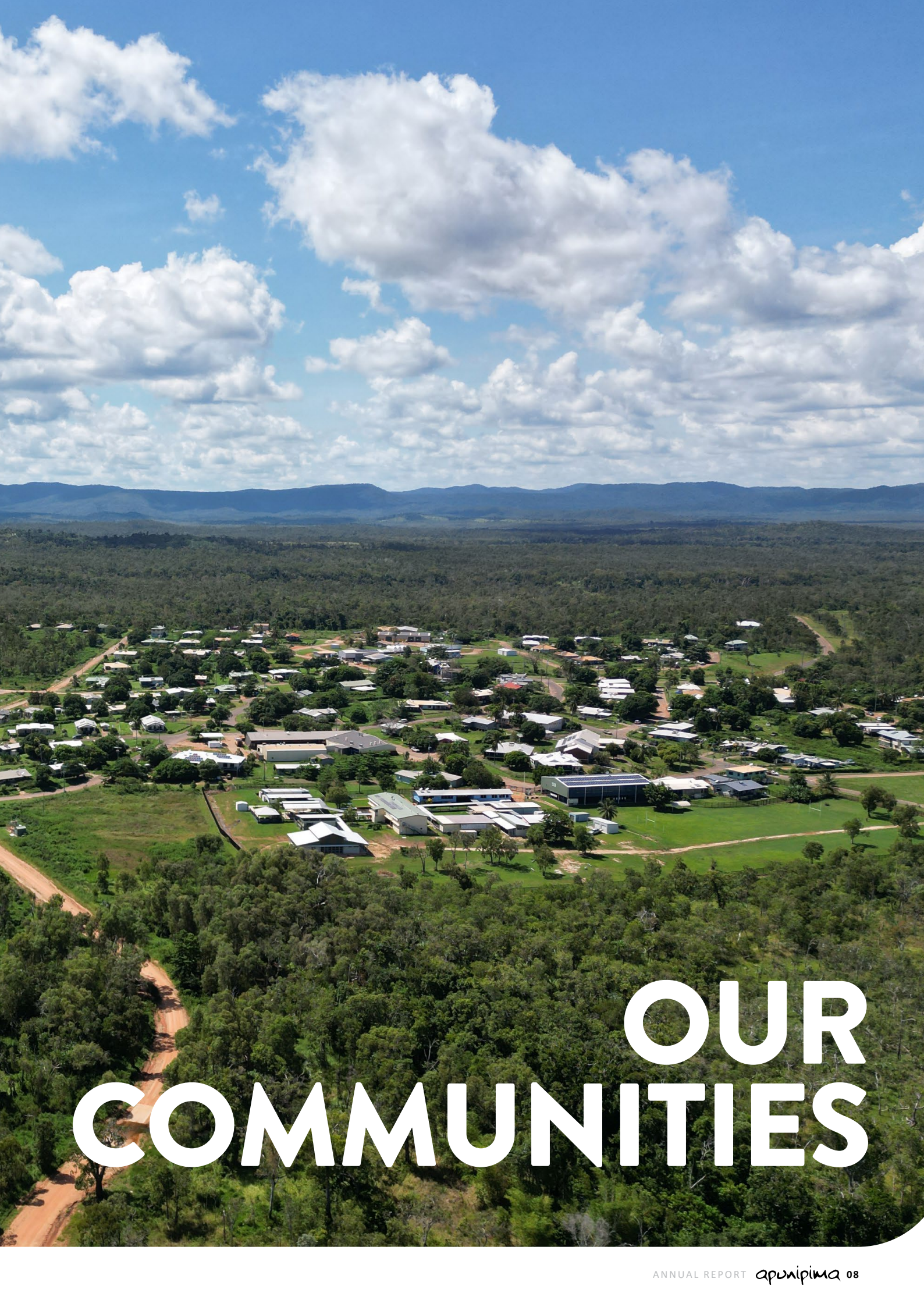
Barbara Schmidt



Ilario Sabatino



John Andrejic



OUR COMMUNITIES

AURUKUN

MEN'S GROUP LEARNING ABOUT HEALTHY CHOICES

Social and Emotional Wellbeing (SEWB) Men's Support Workers hosted some information sessions on substances for the Men's Group in Aurukun. There were two separate sessions, one on alcohol and one on Gunja. The first, titled, 'Grog and the Brain', focused on the dangers of alcohol and covered topics including what alcohol does to your brain and nervous system, how much grog you can have before becoming intoxicated and the dangers and consequences of having too much to drink.

The second workshop was co-hosted by the Tackling Indigenous Smoking (TIS) team and the session focused on nicotine addiction, the harms of smoking, and the effects of second and third hand smoke on us and our families. The men

were keen to yarn about their stories, and some were happy to pledge to keep their homes and cars smokefree. SEWB Worker Alan Gunter also spoke to the men about gunja, covering the problems gunja causes, the health benefits of quitting and how to make a plan for change.

To complete the trifecta of healthy choice workshops for the Men's Group, Community Nutritionist Kani Thomson hosted a workshop on the pros and cons of healthy and unhealthy food whilst showing the men how to cook healthy and super-delicious Mexican beef tacos. Aurukun Practice Nurse Joseph Ransfield also attended the session and performed 715 health checks for some of the men that were due for their checkups.



MEN'S GROUP TAKING ONBOARD FEMALE PERSPECTIVES

Alan Gunter held a relationship education session in Aurukun for the Men's Group focused on healthy relationships from a female perspective. The group watched some video resources that highlighted what a healthy relationship looks like from a female's perspective.

Alan then facilitated a discussion about their understanding of the different negative situations outlined in the video. The group created a list of negative elements like guilt tripping, controlling, criticism, emotional abuse and isolation. The group listed all of the different positive situations like, connection,

family & friends care, support network, etc. Afterwards they moved onto an activity regarding their support circle and their plan for obtaining support when they need it. Alan said that the group was engaged and attentive.

"I was amazed at how quiet and engaged everyone was. Bums were firmly on seats and the men were taking it all in, I could see they were learning a lot and it was an eye-opening experience for them to see the relationship from a different perspective. It was great to see."



COEN

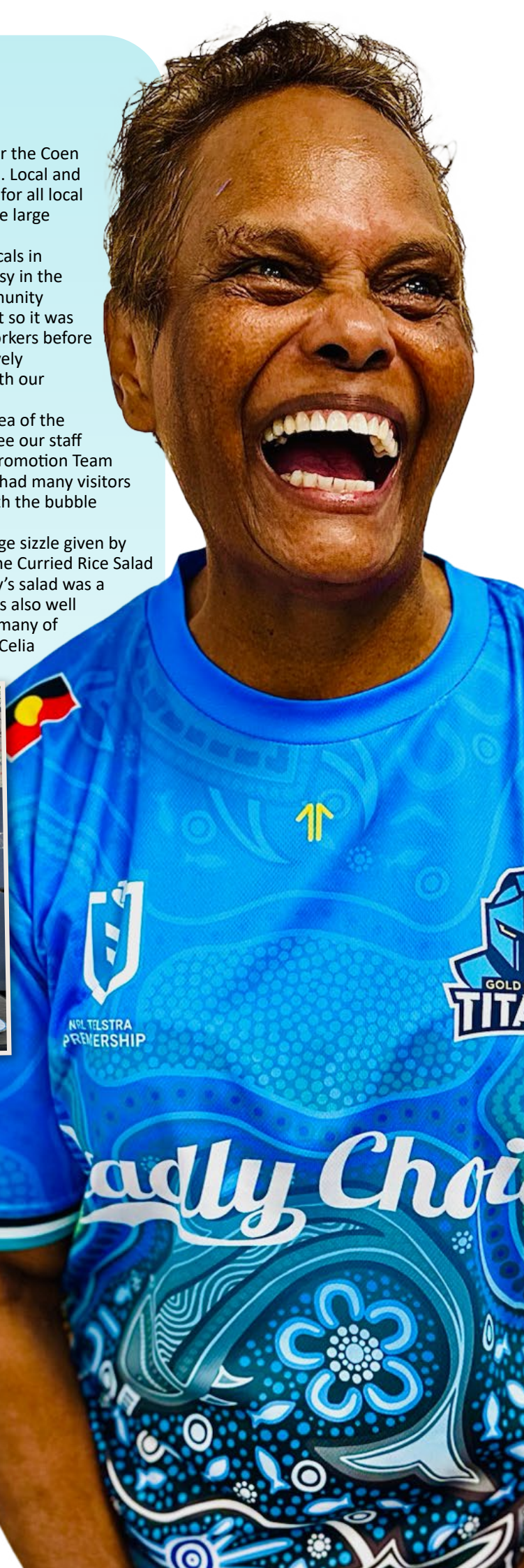
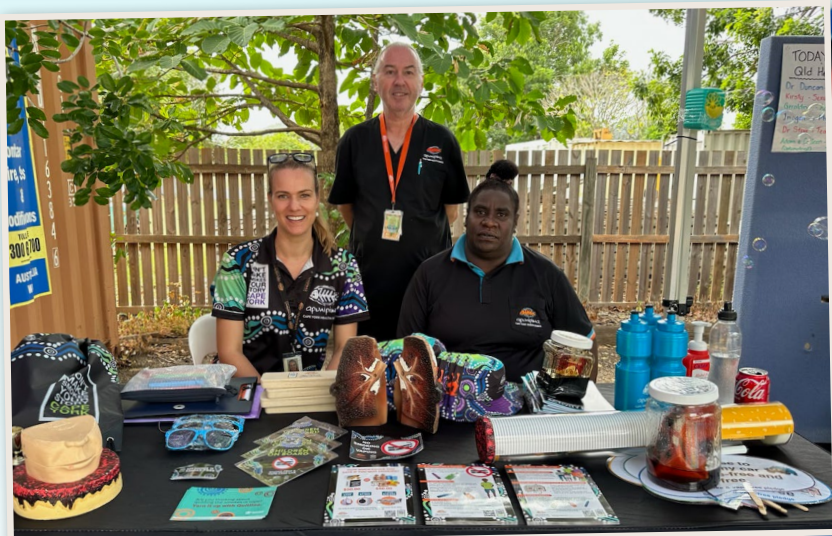
MUSTER A HIT WITH STAFF AND LOCALS

On the 14th and 15th May, hundreds of people descended on Coen for the Coen Muster, an initiative of the Coen Regional Aboriginal Corporation (CRAC). Local and external agencies were invited to attend to provide on the spot services for all local Coen people. Apunipima had a team in place to show the community the large range of services our organisation can provide.

Tuesday was the first day of the Muster and there were quite a few locals in attendance. Apunipima's Primary Health Care (PHC) team were quite busy in the morning with locals coming in to get their Health Checks done. All community members that completed a Health Check received a Deadly Choices shirt so it was quite a busy morning! Locals were thrilled to see our fantastic health workers before going in to see the nurses or doctor. They were also proud to see our lovely Indigenous Health Practitioner Kirstin Kulka taking bloods and seeing both our health workers working side by side with the doctor and nurses!

Our Medical Receptionist Donna Johnson set up in the new waiting area of the Coen Well Being Centre and did a fantastic job of booking people in to see our staff and assisting clients with their paperwork. Jana Booy, from the Health Promotion Team had an exciting display out the front of the Wellbeing Centre where she had many visitors come over and ask about Tackling Indigenous Smoking (TIS) support, with the bubble machine in particular being very popular with the children.

Apunipima also provided healthy salads to compliment the free sausage sizzle given by Cape York Partnerships and Mayi Market on Tuesday and Wednesday. The Curried Rice Salad was a hit and many locals came in later to ask for the recipe. Wednesday's salad was a Noodle Salad which was very different to what locals are used to but was also well received. Donna was kept busy printing out these recipes for locals and many of them expressed their gratitude to our Community Dietitian-Nutritionist Celia Innerarity for coming up with the recipes!



HOPE VALE

APUNIPIMA PROVIDING TIPS FOR KEEPING KIDNEYS HEALTHY

March was Kidney Health Month and members of our Health Promotion and Nutrition Teams partnered with Hope Vale staff to deliver a range of Health Promotion services to Hope Vale community members. As part of these Kidney Month activities, staff delivered a Nutrition and Tackling Indigenous Smoking (TIS) session to the Strong Mob and Men's Groups in Hope Vale. The session included cooking up a lemon chicken curry with a no salt challenge for Kidney Health month.

Community Nutritionist Kani Thompson said the session had a focus on the health impacts of eating too much salt and ways we could reduce salt intake in cooking by using alternative flavourings such as curry and different herbs and spices.

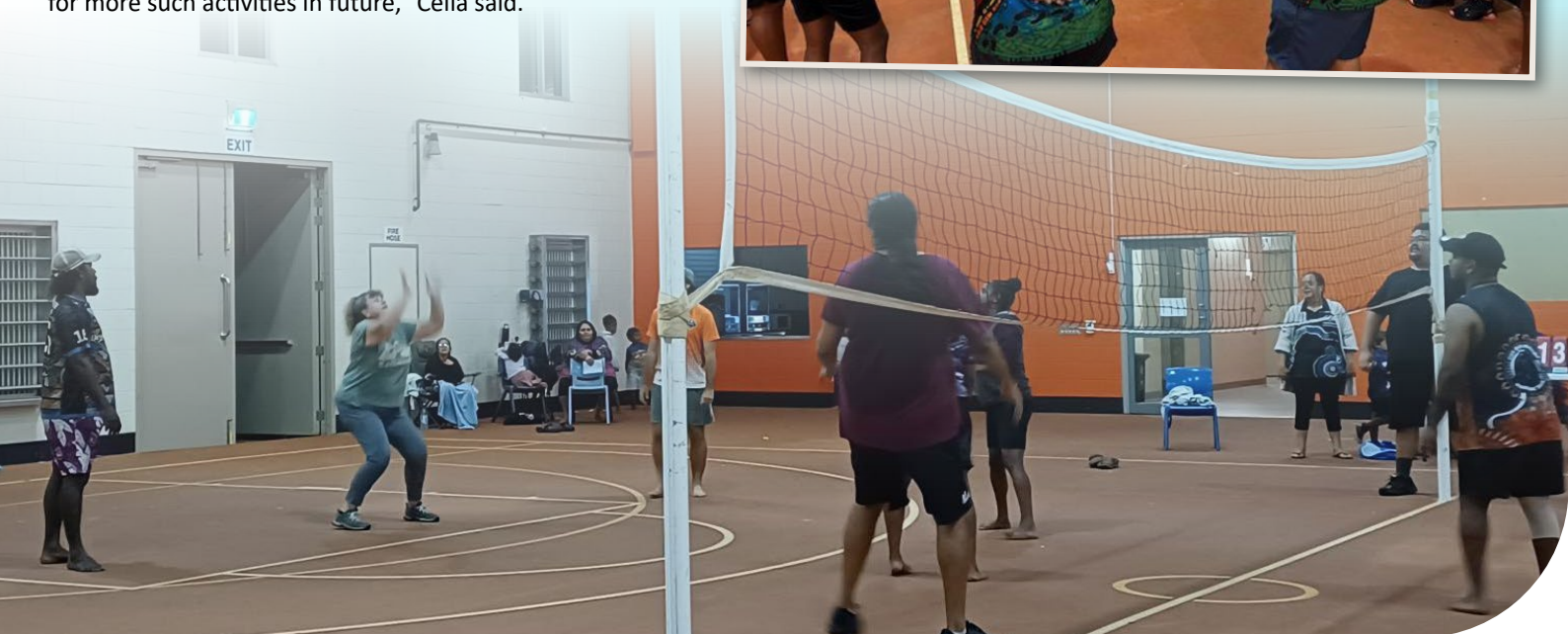
"While members of the group cooked, we discussed the role that too much salt plays in our health including high blood pressure and kidney health, and how small changes can have great impacts on our kidney health and heart health. We also talked about some physical activity and did some chair exercises," Kani said.

Jana Booy from the Health Promotion Team discussed the impacts that smoking had on the kidneys and heart and the benefits of quitting smoking to improve your health. Some strategies suggested by the group to support each other to give up smoking were, going fishing, growing a herb garden and taking up walking or other types of physical activities.

VOLLEYBALL COMPETITION LAUNCHED

This year, the SEWB Centre in Hope Vale launched their Volleyball Competition. This has come through the hard work of SEWB Manager Janita Gibson and Women's Support Worker Corrina Gibson. It has received enthusiastic responses from the community with four teams registering. Celia Innerarity from the Nutrition team was invited to the launch and provided a basic sports nutrition session to the participants, complete with protein smoothies for all in attendance to try.

"It was heart-warming to see the adults and the children who came out to participate. We even had our Audiometrist, Fran getting involved and joining in the activities. It was a lovely evening seeing everyone out getting active and thoroughly enjoying themselves. The SEWB centre has plans for more such activities in future," Celia said.



KOWANYAMA

ABF IMMORTALS FOOTY TOUR



At the end of August, the Arthur Beetson Foundation Immortals Tour came to Kowanyama. The Tour focuses on supporting the grassroots community of Rugby League and features former Rugby League greats taking part in a series of engagements to enhance the profile and growth of Rugby League from a community level, whilst raising much-needed funds to give back and support the local community. The funny and popular, 'Bush Tucker Bungie' was also in community to do some fun stuff with the kids.

It was an exciting event for the community and Council asked Apunipima to do a stall for the Saturday component of the

tour. Health Workers Liamon Mudd and Denise Yam spent the day educating community members on the dangers of smoking and why it's important to eat healthy, and Kowanyama PHC Manager Faye Humphries said that it was a great event for the whole community.

"It was great for the kids to see and run around with the footy heroes like Petero Civoniceva and my favourite player, Jimmy 'The Jet' Roberts! Thanks to Denise and Liamon for working on a weekend and community were very impressed with the stall and appreciative of Apunipima helping out," Faye said.

DEADLY CHOICES LAUNCH

Kowanyama had their Deadly Choices 715 Health Check launch on the 12th June with community-based staff being joined by lots of Cairns-based staff for the occasion. Staff members from Men's Support, Nutrition, Health Promotion, Workforce Ready and Integrated Team Care (ITC) teams joined regular PHC staff and Doctor Kiran Ankem for the occasion.

Despite Sorry Business ensuring that it was a low-key affair, the team still had a great turnout of community members getting their health checks. Only two small stalls were set up to ensure that respect was shown to the community however PHC Manager Faye Humphries was pleased with the turnout and the overall number of 715 Health Checks completed.

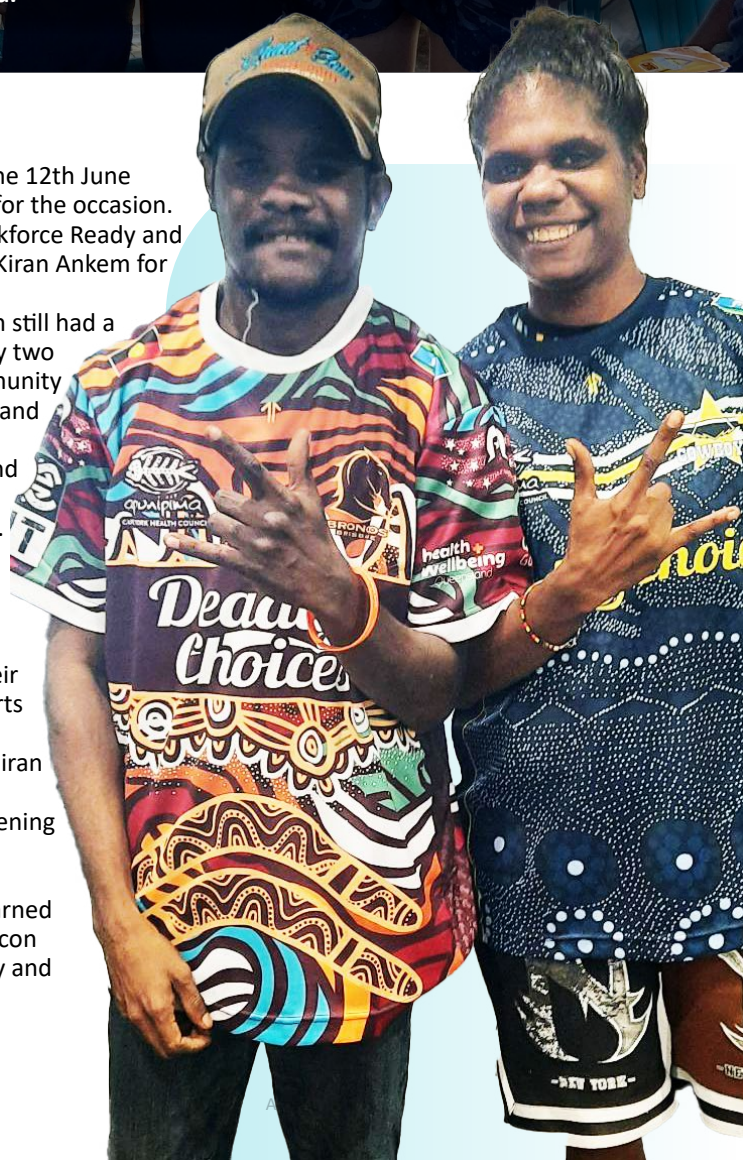
"We had a total of 36 Health Checks completed between Monday and Thursday and there's still a few more that need to be signed off by a doctor so that's pretty good considering the Sorry Business," Faye said.

Faye said the Deadly Choices 715 Health Check Launch is proving popular with community and the shirts are a big drawcard for community members.

"The Deadly Choices shirts are great, everyone wants a shirt even though some people don't realise that they have to wait until after their bloods to get one! We had a good turnout for men, and I think the shirts helped. We had 10 men in total complete Health Checks so thanks to Health Worker Kai Lowah, Men's Support Worker Ray Austin and Dr Keiran for getting those completed."

Aside from the Health Checks, Faye said there was lots of stuff happening with all the different teams and it was great to have so many staff in community.

"Thanks to all the staff, it was great that everyone helped out and yarned with community members and to Celia for cooking up a delicious chili con carne which community members loved! Everyone just had a good day and we're looking forward to everything returning to normal soon."



LOCKHART RIVER

YOUNG LADIES COOK UP A HEALTHY FEAST!

Celia from our nutrition team had a lovely afternoon cooking with young ladies from the 4 – 6 year group at Lockhart River State School. This was done in conjunction with the Puuya Foundation, Kuunchi Kakana Centre in Lockhart River.

"We had 10 young ladies and one Mum in attendance. The aim of these sessions is to increase their cooking skills, expose them to different ways of cooking foods available in community and expand their intake of healthier options, such as veggies and fruit," Celia said.

Prior to the cook up, Celia led an engaging nutrition discussion to help foster a healthy relationship with food. "We discussed the topic Go, Grow and Glow foods. Here we delved into the foods that gave us energy for life – to do all the things we need; foods that build muscle and help us grow strong; and foods that help give us strong immune systems and contribute to having a good mood," she said.

The girls worked in teams of 2 to cook San Choy Bow and took some home for their families. Celia said they were very proud of their achievement, as most did not cook at home. "It was a pleasure seeing them sit together and thoroughly enjoying the meal they had prepared."



LAURA

APUNIPIMA AT LAURA DANCE FESTIVAL 2023

A contingent of Apunipima staff headed to Laura for the 2023 Quinkan Indigenous Dance Festival, from 6th to 9th July. The staff all camped as a group at the festival grounds, mingling with festivalgoers and helping out with some health promotion, evening yarns and encouraging people to find out a bit more about what we do. During their non-rostered times, the team soaked up the atmosphere and culture of the festival, enjoying performances by dance troupes from across the Cape, and seeing plenty of familiar faces among the crowd.

"We participated this year as a sponsor of the "Healthy Hub," with a prominently positioned Apunipima marquee and flags guiding visitors to our stand. At our display, the Tackling Indigenous Smoking and Nutrition teams created a hive of activity with interactive games and activities for the kids, and some more in-depth information for the bigger kids and adults visiting the stand," said Apunipima's Marketing and Communications Manager Tyrel Collins.

As the sun set each evening and the dust from the dancing had settled, Apunipima prepared two programmed events at the festival, with a women's yarning circle running on Friday evening and a men's yarning circle on Saturday evening. By campfire, the yarns ran well into the night guided by some of our amazing counsellors and SEWB team members.



MAPOON HEALTH EXPO

The Mapoon Health Expo was held on Wednesday May 22 at the Mapoon Splash Park on what turned out to be a beautiful day out at a lovely venue. Other stakeholders joining Apunipima on the day were Royal Flying Doctor Service (RFDS), Queensland Health, Weipa Community Care Association (WCC) and Justice Group.

The day incorporated health checks (blood sugar and pressure) thanks to Queensland Health, information stalls and activities thanks to Weipa Community Care Association and our own Apunipima health programs providing health information and free flu vaccinations for the season ahead. Community members including Elders and families enjoyed the opportunity to have some fun whilst learning about health issues for Cape York communities.

"We had lots of people drop in briefly throughout the day, in particular lots of mums and bubs and school kids. The mums were very interested in the vaping resources in particular, as the issue is a growing concern in the community. Everyone who came along enjoyed a good feed from the BBQ and got to learn more about what services are available from the different providers in community. We'd like to thank Council, Queensland Health, Weipa Community Care Association and RFDS for their support and presence at the Expo, and we look forward to more of these events being held across our Cape York communities in the future," said Sonia Schuh, PHC Centre Operations Manager North.



MOSSMAN GORGE LADIES COME TOGETHER FOR WOMEN'S HEALTH DAY

Apunipima staff hosted a morning tea for the women in community to celebrate Women's Health Day. All ladies were welcome and those that did come were presented with health care and information packs, veggie bags to takeaway as well as a delicious morning tea.

The theme of the day was to grow the ladies' knowledge and help them make informed decisions about their health. There were presentations from staff during morning tea on a range of topics and Mossman Gorge Primary Health Care Manager Sharyll Ellington also performed health checks for the ladies over the duration of the morning. After morning tea, the women yarned about issues that were affecting the health of community women.

"We wanted to provide them with information that was easy to understand so they can make their own choices about their health. It was great to get the ladies together, yarned freely



and growing their knowledge about the issues they want to know more about," said Apunipima's Social & Emotional Wellbeing Team Leader in Mossman Gorge, Tyler Hafstad.



NAPRANUM

RECOGNITION FOR CAPE YORK KIDNEY CARE PARTNERSHIP

On the evening of 27th May, the Queensland Reconciliation Awards were held in Cairns with Apunipima and Torres & Cape Hospital & Health Service (TCHHS) winning an award together in the Health and Wellbeing category for Cape York Kidney Care (CYKC) which provides remote outreach services.

Established in 2019, the CYKC model was designed to provide a conduit between high-level nephrology (kidney) services and remote primary care services, such as those delivered by Apunipima. This program is the first of its kind in Australia,

combining First Nations Health Workers and Practitioners from Apunipima with service delivery from CYKC to provide holistic and culturally-safe nephrology services and improve health engagement in general.

Napranum Primary Health Care (PHC) Centre Manager Debra Jia accepted the award on behalf of Apunipima and thanked CYKC for being a great teammate.

"It's great to be recognised for the hard work that everyone has put into this program, we have such a great relationship with the team at CYKC and that makes this

program run so smoothly from our end," Debra said.

Debra was also quick to praise Apunipima staff both on the ground and at head office in Cairns.

"I'd also like to thank all the clinical staff in Napranum and our other PHCCs who have worked on this program and have put in the hard yards engaging with clients and getting them ready for nephrology. Also a big thanks to Zeleke Fisher and Apunipima's Integrated Team Care unit who handle all the referrals from Cairns," she said.

WUJAL WUJAL

APUNIPIMA SUPPORT ELDERS ON RETURN TO COMMUNITY

On Thursday 25th January Support Worker Rosaline Flinders, and Counsellor Raeleen Veivers, from the Social & Emotional Wellbeing (SEWB) Team accompanied three Wujal Wujal Elders on a first visit back to their community since the devastating flood event of December 2023 that wiped out most of the community.

Rosaline and Raeleen picked up the three Elders from their temporary accommodation in Cooktown and drove them along the road out to Wujal Wujal community. It was a slow trip as the road was severely damaged in many spots. Once in community, the Elders met others also making the trip at the library one of the only buildings still in use, where everyone received an induction and briefing on progress of the clean up and status of infrastructure.

After the briefing, everyone got back in

vehicles to go for a drive around the community to see the damage. "Seeing the damage was very emotional for everyone," Raeleen said.

After lunch, the Elders were transported to Weary Bay Beach where more destruction could be seen with massive landslides in the mountains, fallen boulders, boat wrecks and large trees that had been pushed into the river by the force of water.

"On the way home, the Elders talked about how their community will never be the same. Seeing the sadness in their eyes is heart breaking, but they were happy that they had the opportunity to see their community," Raeleen said.



PORMPURA AW

ENGAGING THE NEXT GENERATION AT YOUTH SUMMIT

As we endeavour to empower the next generation of Cape York people with healthy lifestyle behaviours to Close the Gap, the Tackling Indigenous Smoking, Nutrition and Health Promotion teams travelled to Pormpuraaw to support the annual Pormpuraaw Youth Summit.

Over the September School Holidays, Pormpur Paanthu Aboriginal Corporation (PPAC) held the weeklong event, with the summit being opened with traditional dancing by Pormpuraaw traditional dance troupe, who were also this year's Laura Aboriginal Dance Festival winners. Services began delivering or supporting a range of activities including health promotion, music workshops, acrobatics sessions, Traditional Indigenous Games, Colour Fun Run and more. Throughout each day, services and volunteers observed how the youth engaged in the activities to highlight who showed leadership, teamwork, perseverance, sportsmanship and best overall, where prizes were given out at the dinner each night to those who stood out in each category. Apunipima staff supported Community Enterprise Queensland (CEQ) each morning in serving breakfast for the youth, with healthy continental options,

lots of fresh fruit and water, then a hot breakfast on the Thursday.

Apunipima's Tackling Indigenous Smoking team ran several activities that included the Smokes'n'Ladders game, How Many Chemicals In A Cigarette?, and informal yarning sessions that encouraged open conversations about the harms of smoking and the negative impacts it can have on our health and wellness. It was great to see the youth engaging with our resources like the giant cigarette and healthy and unhealthy lungs, as well as wearing the TIS hats to spread the #DontMakeSmokesYourStory message. Overall, the TIS team's aim was to continue to build rapport with community and provide information to young people about the benefits of staying smoke-free and vape-free.

The Nutrition team ran activities that encouraged youth to make healthy food and drinks choices, by running a taste test station, introducing youth to a variety of fruit and vegetables with a "Build Your Own Fruit Skewer" activity, as well as veggie and dip taste testing. This was a great opportunity for the nutrition team to share the range of positive health effects of having fruit and

vegetables every day. Some youths were brave enough to try a fruit or vegetable for the first time! There was also a display that shared information on how much sugar is in common drinks, which also led to discussions around the effects of too much sugar on our health, like damaging their teeth, high blood sugar and putting on weight which increases the risk of developing type 2 diabetes and heart disease. A huge thanks to Store Nutritionist Georgia Day from CEQ for assisting with these health promotion stalls.

Thursday evening was the closing ceremony and final prizes. Held at the Multi-Purpose Centre, youth and families turned out in great numbers to show support and give thanks to the hard work PPAC, and other services gave to making another successful youth summit for Pormpuraaw. This was followed by a Glow in the Dark Disco with artist ZMK revving the community's energy into overdrive to end the week. As hectic as it can get at the summit our teams always enjoy supporting the event and we look forward to Pormpuraaw throwing on another great event for youth in 2024.



OUR HEALTH IN OUR HANDS

TACKLING INDIGENOUS SMOKING MAY IS THE MONTH TO KICK THE DURRIES!

31st May is World No Tobacco Day and Apunipima staff from the Tackling Indigenous Smoking (TIS) Team celebrated by heading out to our communities and promoting a smoke-free lifestyle! The 2024 theme for World No Tobacco Day was 'Protecting children from tobacco industry interference'. Put simply, this means keeping our kids safe from the tobacco companies and their harmful products.

Over the whole month of May, the TIS team was out in Cape York communities sharing these messages of how the industry is tricking our kids into smoking and vaping. This year the TIS Team encouraged community members to make a smoke-free pledge, or for those that don't smoke or have already quit, to share with others what makes them a smoke-free and vape-free champion. Let's make everyday, World No Tobacco Day!



NUTRITION PROMOTING A BALANCED DIET IN AURUKUN

Celia Innerarity (Dietitian), Brendalyn Peemuggina (Health Worker) and Kani Thompson (Nutritionist) teamed up to do an in-store activity at Aurukun Store to promote healthy eating with the message of 'adding vegetables to meat' with a cook-up of chilli con carne.

The chilli con carne proved to be very popular (despite some people wanting to add much

more chilli!) and there were some conversations had around adding vegetables to promote the Good Food Strong Bodies nutrition-promotion resources that are currently in-store.

"It was good to talk to people in Aurukun and we're finding that the in-store activities are a great way to engage people about nutrition and diet," Kani said.



MAKING HEADWAY WITH STUDENTS IN AURUKUN

Celia from the nutrition team had a wonderful time at the Aurukun State School, where she had the opportunity to interact with the students. She shared on dental health and how sugary (and some non-sugary drinks) affect the health of our teeth. The kids were really engaged and had lively discussions with Celia, who

presented the sessions.

"The visual activity really impacted the students and stimulated some insightful questions and discussions. It was good to see the lightbulb going off for both students and some teachers as well. We have been invited to continue these sessions with the students," Celia said.

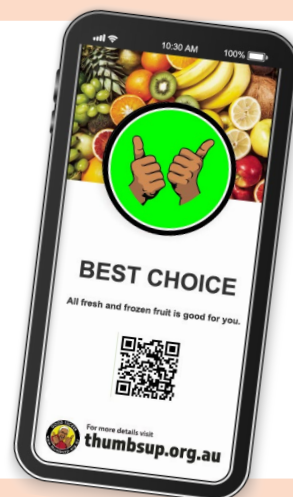


SPREADING THE WORD ABOUT GOOD TUCKER APP

This year, Apunipima's Community Nutritionists have been out in communities sharing information about Uncle Jimmy's Good Tucker app. The app provides a simple way to identify the healthiest food and drink options. By scanning the barcode of any packaged food or drink, the app gives either a Thumbs Up, Thumbs Sideways or Thumbs Down, depending on how healthy it is.

Kani Thompson and Health Worker Jennifer Hobson, teamed up for an activity at the Napranum PCYC to educate some young primary

school boys on how and why to use the app. The boys were able to scan many different foods to see how healthy they were. They were also surprised by some cereals that they thought were healthy but were a Thumbs Down. The group were disappointed to learn that cordial was a thumbs down, but knew that water and milk were a healthy option and therefore a thumbs up. During the session, the group prepared afternoon snacks of crackers, avocado, cheese and tomatoes and enjoyed making them with different combinations of the toppings.



KEEPING KOWANYAMA HYDRATED

As the Cape sweltered through a vicious heatwave in January, Apunipima staff were out in Kowanyama promoting health and wellbeing information around better ways to support good hydration. Celia Innerarity (Community Dietitian-Nutritionist), with support from Les Drahm (Men's Wellbeing Worker), partnered with the CEQ Store to do a

display highlighting the amount of sugar in commonly bought drinks.

Celia said the session went well as locals from community were engaged in lively discussions about healthier ways to beat the heat on a budget. "Folks were particularly keen to learn how to make their own healthier soft drinks and icy poles for the kids," she said.

SOCIAL & EMOTIONAL WELLBEING

ELDER CARE SUPPORT PROGRAM: COMMUNITY-LED PATHWAYS TO CARE

In March 2024, Apunipima launched a brand-new service for Cape York, the Elder Care Support Program. Elder Care Support (ECS) is a NACCHO program that assists Aboriginal and Torres Strait Islander people over the age of 50 to access and navigate aged care services. Apunipima has three staff in the ECS program, ECS Coordinator Kristen Pearson and ECS Connectors Lillian Auda and Lynette Johnson.

The three ladies have been very busy getting up to speed on the program and engaging with community and stakeholders about the new service being delivered. This training and introduction period for the team culminated in the inaugural National Elder Care Support Yarning Circle on the 5-6th June on the Gold Coast where the team engaged in interactive workshops designed to provide practical knowledge and skills they need to navigate and implement aged care services effectively within our communities.

"We learnt a lot about the program and how it works and the speakers were great. The keynote address on culturally safe aged care services by First Nations Aged Care Commissioner Andrea Kelly was incredible and Preston Campbell also spoke brilliantly about Mental Health," Kristen said.

"The Yarning Circle was fantastic, there were 160 connectors and coordinators

there and it was great to network with everyone and learn from other program workers, with many of those having been in the role for over 12 months now," Lillian added.

"The Smoking Ceremony and Welcome to Country by Mununjali Woman Auntie Linda Biunaiwai was very special and over the whole event there was a real focus on the cultural side of things which was great. The speakers were great too, Preston Campbell and Bushtucker Bunji spoke really well, they were actually there for a reason and not just because they were celebrities," Lynette said.

The team have already begun receiving referrals, however the community consultation and stakeholder engagement phase is ongoing and will continue for a while.

"It's a new program and we're still very much in the phase of letting community and other services know what we're all about and how they can access it, but we are actively working in the program now and we can start helping our Elders access better care, and the care which they are entitled to, which is very exciting," Kristen said.

"It's great to be involved in

a program which looks after our Elders and helps them to access the best possible care for their needs. They are the keepers of our culture and we're really looking forward to helping them in the next phase of their life," said Lillian.



HEALTH PROMOTION

STRONG BORN CAMPAIGN LAUNCHES

In early 2024, the Strong Born campaign launched in Cape York with Apunipima staff hitting the ground in community to promote it. The NACCHO-funded campaign aims to create awareness of the dangers of Fetal Alcohol Spectrum Disorder (FASD) for people in Cape York and is targeted at a broad range of people.

Firstly, the campaign aims to educate everyone on the dangers of FASD. This includes pregnant women and young women in general, but also the men in community so that everyone is aware of the dangers of drinking alcohol during a pregnancy.

Additionally, Strong Born is about supporting people

with FASD and their families and carers, by understanding what FASD is and the services that may be available to support them. And finally, it's an awareness campaign for clinicians and health workers, providing useful resources to help our staff have those conversations with community members.

The campaign will be promoted specifically by the Health Promotion team and staff from the Baby One Program who will incorporate it into their current work with expecting mothers. Health Workers, Health Practitioners and various other Apunipima staff have also received additional training and will be looking for

opportunities to raise awareness in community about the dangers of FASD.

"The Strong Born polo shirts have arrived from NACHHO and the campaign is gaining momentum.

Ultimately, the campaign is about trying to achieve alcohol-free pregnancies that help every baby to be born strong and healthy. We all love our babies and we want them to grow up strong and be healthy. This is about Standing Up For Your Bub, which is one of our slogans for the campaign," said Fiona Millard from Health Promotion.



OUR PEOPLE



OUR WORKFORCE LEADING THE WAY

Apunipima is very proud of its inclusive and diversified workforce and every year we boast statistics in this category that are well above the national average. This year was no different with representation of Aboriginal and Torres Strait Islander employees increased to 60% of the total workforce. This trend continues up the line with 63% of employees in leadership positions across the organisation identifying as Aboriginal and/or Torres Strait Islander.

Gender equality is supported and promoted by Apunipima with a workforce of 65% female employees. This jumps to 75% for leadership roles. Apunipima has again been successful in achieving compliance with the requirements of

the Workplace Gender Equality Agency.

Recruitment was again a key focus for Apunipima over the year, especially appointing the right people to deliver services. In total, 57 new employees across a range of positions were appointed, including 32 Aboriginal and/or Torres Strait Islander employees bringing the total number to 170.

Another notable achievement for our workforce throughout the year was 23 employees appointed to act in a higher duty position than their current role. This provides an opportunity for leadership skills to be developed during their time in a leadership role.

WORKFORCE DEVELOPMENT

At Apunipima, our people are our future which is why our Workforce Development Team is continually striving for ways to develop the skills of our staff through education and training and expose them to career development opportunities. This year, the Workforce Development Team provided comprehensive management training for 40 people who are currently in a leadership role or have shown potential as a future leader. The training consisted of four modules, each taking one week of in-person intensive workshoping to complete.

Another significant project this year was the Mental Health First Aid (MHFA) training, which was made available to a wide range of staff and saw 23 staff complete over the space of the year. Mental Health First Aid has been identified as an area to improve capacity across the Cape so that both service providers and community members can respond to mental health incidents as they are occurring. On top of training our staff in this field, we had 8 Social and Emotional Wellbeing (SEWB) staff become instructors to teach MHFA, significantly increasing our capacity to train staff, other service providers and community members in this important field.



THAT PROVIDE CERTIFICATE TO DEGREE QUALIFICATIONS



TIMES STAFF WERE PUT THROUGH TRAINING THROUGHOUT THE YEAR



STAFF UNDERGOING NACCHO TRAINEESHIPS



NACCHO TRAINEESHIPS COMPLETED

QUALITY & COMPLIANCE

The Quality and Compliance Team ensures that Apunipima adheres to its Quality Management System and meets the standards necessary to operate a health service. The team also manages legislative compliance and contract obligations, including reporting to funding bodies.

On February 29th, Apunipima Cape York Health Council achieved accreditation under the Royal Australian College of General Practitioners (RACGP) 5th Edition for its standalone Primary Health Care (PHC) Centre in Napranum.

“RACGP is a necessity for funding contracts and ensures that we can maintain and grow the services we offer in remote communities. At a local level, this shows that clinically, we’re doing a good job which deepens the community’s trust in the organisation, and it lets other stakeholders know that we’re a professional outfit with the community’s best interests at heart,” said Apunipima Quality & Compliance Manager, Spencer Browne.

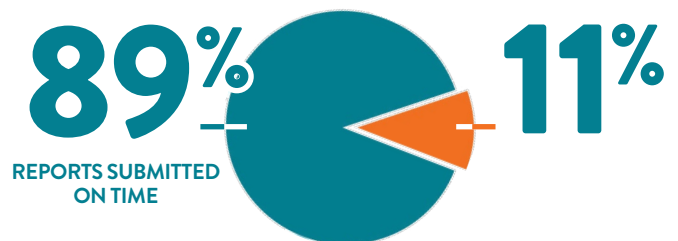
COMPLIANCE REPORTING

Reports Submitted

(July 2023 - June 2024):



Timeliness:



INTERNAL AUDITS

Audit Coordination:

MANAGED ANNUALLY BY THE QUALITY AND COMPLIANCE TEAM, WITH AN AUDIT SCHEDULE ENDORSED BY THE SENIOR MANAGEMENT TEAM AND THE AUDIT AND RISK SUBCOMMITTEE OF THE BOARD.



Audit Schedule:



WHS: CONTINUALLY STRIVING FOR A SAFER WORKPLACE

This year the team has been growing our safety culture and encouraging a safety mindset among staff. By changing language and providing easy to understand tools for planning and reporting, our teams are better equipped to plan their work safely, and report incidents and hazards when they need to do so.

Events and training have played a large role in promoting a safe culture with the organisation hosting or being involved in various training programs throughout the year. These include implementation of the Safe Work Plan concept with 43 community events across the year, 12 in-person training sessions across all communities, 4 live webinars for all staff and additional

training sessions for staff dependent on their role and department. Apunipima also participated in the national Safe Work Month, including a drawing competition for children of staff members, highlighting the importance of making it home from work every day.

The result of this new safety focus has seen a 23% increase in the number of WHS incidents being reported and an increase in the number of Safe Work Plans being submitted over the financial year as staff grow their understanding of the role that planning and reporting plays in a safe work culture.



BERNIE SINGLETON SCHOLARSHIP SETS YOUNG GRADUATE ON PATH TO CAREER SUCCESS

At the end of 2023, Nathan Sagigi graduated from a Bachelor of Clinical Exercise Physiology (Honours) at the University of Queensland in Brisbane. Nathan is a proud Wakaid and Dauareb Man from the Torres Strait and in January 2021 was awarded the prestigious Bernie Singleton Scholarship through Apunipima. The scholarship provides financial support for Aboriginal and Torres Strait Islanders from Cape York and the Torres Strait Islands that are enrolled to study full-time in Health or Management. Nathan won the scholarship before commencing his studies and said it was a huge help for him in moving to Brisbane.

"Winning was such a huge relief, because I knew how difficult it was going to be, financially, to relocate. It was such a big help with all the costs involved in getting setup in a new place," he said.

Now that Nathan has graduated, he's moved into work in his chosen field and is working five days a week earning money while he continues his career development learning and gaining experience in a hands-on environment.

"At the moment I'm working part-time in two different roles. I do three days at Chermiside Community Health Centre with

Queensland Health in Cardiac Rehabilitation, and two days with the Institute Of Urban Indigenous Health as an Exercise Physiologist, helping out with 1-on-1 exercise physiology services and a bit of hydrotherapy pool sessions as well. My long-term goal is to head back up to Thursday Island and work in the hospital there to deliver exercise physiology services within the community."

Nathan says he's really enjoying the work and says he would recommend both a career in Health and the Bernie Singleton Scholarship to any young Aboriginal and Torres Strait Islanders thinking about going down this path.

"I'd say go for it! We really need culturally appropriate care for our mob and the more of our people working in health, the better the outcomes are going to be for us. I'm absolutely loving the work, it's great to build relationships and connections with the people I'm working with, and there's so much job satisfaction around helping the clients and patients improve their quality of life and helping them to self-manage with the conditions they're living with."



SHANIQUA BURKE TRAVELS TO HOBART FOR NATIONAL TRAINING AWARDS

Napranum Health Worker Shaniqua Burke travelled to Hobart for the finals of the National Training Awards held on Friday 17th November 2023. Earlier in the year, Shaniqua won the Aboriginal & Torres Strait Islander Student of the Year Award for Far North Queensland before going on to also win the state award for Queensland. This put her in contention for the national award and won her a trip to Hobart!

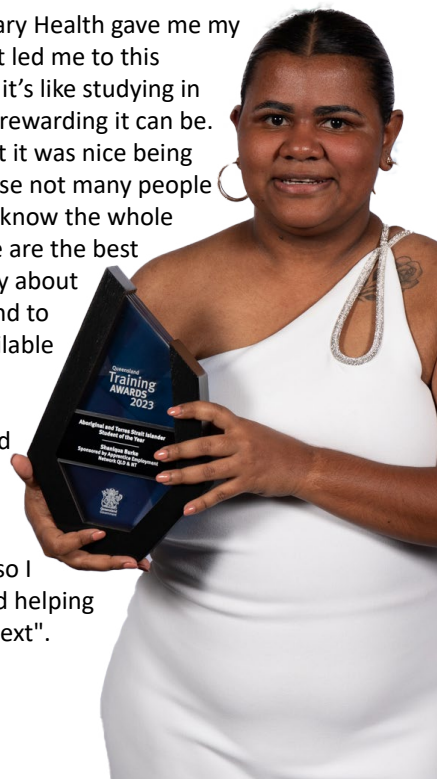
On the night, the award for Aboriginal and Torres Strait Islander Student of the year went to ACT representative Emma Brown, however Shaniqua can look back with pride at a fantastic year of achievements including graduating with her Certificate 3 in Aboriginal & Torres Strait Islander Health Work.

"I'm a proud Kunjen and Kokoberra woman, and my culture and dreaming makes me who I am, but I will always classify myself as being of Aboriginal and Torres Strait Islander descent before anything.

"For me personally, this trip was the result of many things; becoming independent at a young age, achieving academically, working hard for so long to be noticed, and this was a chance for people to hear my story. Studying my Certificate III in Aboriginal

and Torres Strait Islander Primary Health gave me my passion for health and it's what led me to this opportunity to showcase what it's like studying in Vocational Education and how rewarding it can be.

"I'm still writing my story, but it was nice being able to share some of it, because not many people know my story, and only a few know the whole story. We as Indigenous people are the best storytellers, and this is my story about how I climbed from nothing, and to give to others what wasn't available to me through advocating and providing for my community's health. In life you win some and you lose some but for me, the important thing is to keep on progressing regardless. I will continue to learn and prosper so I can give back, by educating and helping my people in this life and the next".



OUR RESEARCH

NEW WAY OF WORKING FOR GOOD HEALTH IN NAPRANUM

Apunipima Project in conjunction with Department of Seniors, Disability Services and Aboriginal and Torres Strait Islander Partnerships; Napranum Local Thriving Community Task Force; Napranum Case Care Coordination Group

Pilot Study: Improving the health and wellbeing of Aboriginal and Torres Strait Islander people in Cape York through implementing an Indigenous led Social Prescribing Model of Care.



AIM:

The aim of this study is to trial the implementation of an Indigenous led, Social Prescribing Model of Care using a coordinated care approach for the community of Napranum in Cape York for a period of six months to investigate its effectiveness as a model of care for use in Cape York communities serviced by Apunipima Cape York Health Council (ACYHC).

OBJECTIVES:



1. Adapt and implement a Social Prescribing Model of Care for Napranum community.
2. Evaluate the effectiveness of the implementation for its use in Napranum and its ability to be transferred to other Cape York communities where Apunipima provides services.
3. Analyse the implementation, service and client/family outcomes and make informed decisions about the future of the Social Prescribing Model.

PROJECT UPDATE:

Comprehensive training and readiness of staff and services in preparation for the project. First phase of evaluation from staff, services and other key stakeholders has provided direction for the next phase of the project.

HEALTHY TEETH FOR YOUNG MOB - THE SILVER FLOURIDE PROJECT

Partnership with University of Adelaide



THE UNIVERSITY
of ADELAIDE



AIM:

1. Finding out the level of dental decay among Indigenous children and young people in 6 states and territories and determine the extent that painting silver flouride on teeth has on reducing levels of active dental disease in Indigenous children and young people aged 2 - 18 years of age.
2. Look at the impact in improvement of social and emotional wellbeing of children and young people who have dental decay after they have received silver flouride treatment.
3. Look at the cost of providing treatment versus the cost of dealing with the related social and health issues due to dental decay which is not treated.

PROJECT UPDATE:

- Consultation and recruitment of participants with families and key stakeholders in Kowanyama, Aurukun and Napranum communities.
- Completion of painting silver flouride on participant's teeth in Kowanyama and Aurukun.
- Recruitment of 100 participants who have been signed up for treatment in 2025 in Napranum.
- Oral health education of families and children in the three communities.



AIM:

Aim of the study is to co-design a new model of care for Aboriginal and Torres Strait Islander patients who present to the emergency departments (EDs) of the Cairns, Atherton and Weipa hospitals with symptoms of suspected acute coronary syndrome (ACS). The model of care includes objective anatomical testing for underlying coronary artery disease (CAD), utilising computer tomography coronary angiography (CTCA) testing.



OBJECTIVES:

RESEARCH PHASE 1:

To co-design a culturally responsive model of care for diagnosing CAD in Aboriginal and Torres Strait Islander patients with suspected ACS using CTCA.

RESEARCH PHASE 2:

To determine the impact of using CTCA images in health literacy approaches with Aboriginal and Torres Strait Islander patients and their healthcare providers.

RESEARCH PHASE 3:

To evaluate the clinical efficacy, implementation effectiveness and cultural safety of the model of care in regards to medication adherence at 3 months and patient perspectives.

PROJECT UPDATE:

First engagement planned with potential participants in Napranum to gain their experiences and perspectives on care and treatment.

ADOLESCENT PROJECT - IT'S YOUR SERVICE TOO

Partnership with South Australian Health and Medical Research Institute (SAHMRI)

Strengthening the uptake and quality of primary health care for Aboriginal and/or Torres Strait Islander adolescents.



AIM:

To improve the uptake and quality of primary health care for Indigenous adolescents focusing on three groups (adolescents not accessing services, young parents and those with chronic disease).

PROJECT UPDATE:

Consultation with young people, Apunipima staff and key community stakeholders provided different perspectives on how to improve access to health services by young people. Engagement with the project Youth Consultative Group to provide their experiences, observations and ideas.

Development and implementation of two training modules for staff about young people's developmental stages, issues which confront them and their needs.

Development of a range of resources for staff and young people, brochures, flyers, feedback mechanism, social media and a dedicated information area on Apunipima's website regarding services available for youth, their rights and support services as part of translation of findings into policy, practice and service delivery.

The project ends in December 2024 having met its aims, objectives and project milestones.



FOOD SECURITY PROJECT - THE BEST START TO LIFE

Partnership between Apunipima Cape York Health Council, University of Queensland, Central Australian Aboriginal Congress, Menzies School of Health Research, Monash University and Dalhousie University (Canada)

The best start to life: Improving food insecurity among Aboriginal and/or Torres Strait Islander children and their families.



AIM:

To improve food insecurity among Aboriginal and/or Torres Strait Islander children and their families through a co-design research methodology with community controlled organisations and community stakeholders.

PROJECT UPDATE:

The strength of the project has been the commitment and engagement by eight communities in Qld and the NT, partners in the research sharing their traditional knowledges, experiences and perspectives. The research outputs have included 3 publications (3 more awaiting acceptance), 31 conference, forum and other presentations, input into the National and Queensland Strategies for Food Security, a Knowledge Sharing workshop attended by researchers, Apunipima and Congress staff and representatives from research participants and community stakeholders and a Community Framework for Food Security as part of translation of research findings into policy, practice and service delivery. The project ends in December 2024 having achieved its aims and objectives despite the challenges of working in remote communities in Queensland (Qld) and the Northern Territory (NT) and catering for isolation issues, severe weather events and the impact of COVID.



THE UNIVERSITY
OF QUEENSLAND
AUSTRALIA



Central Australian
Aboriginal Congress
ABORIGINAL CORPORATION | ICN 7623



menzies
school of health research



MONASH
University

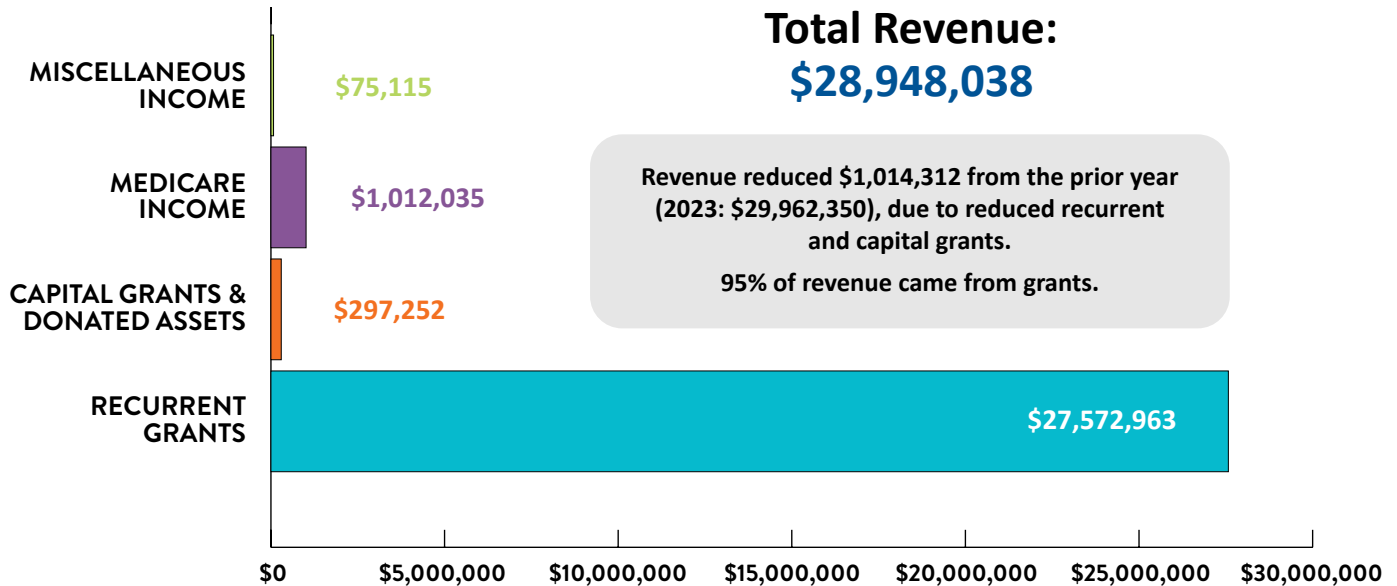


DALHOUSIE
UNIVERSITY

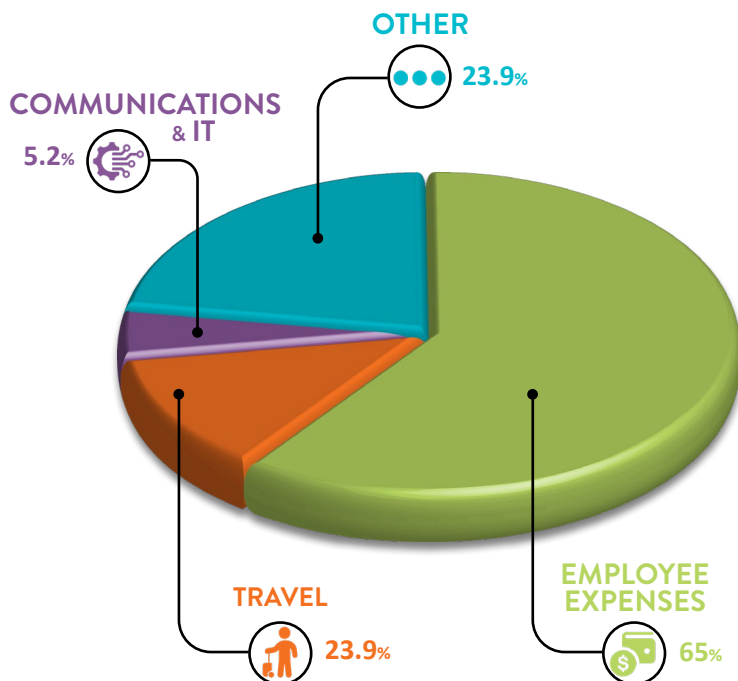


FINANCIALS

STATEMENT OF COMPREHENSIVE INCOME

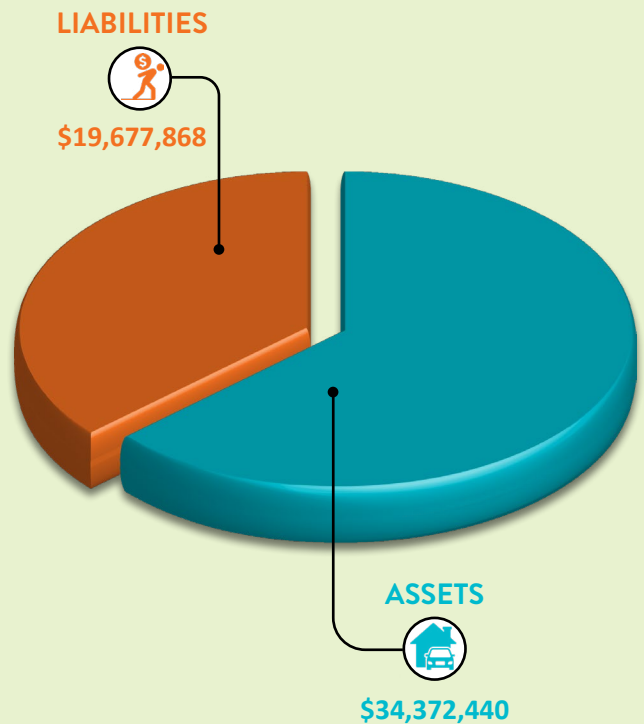


Total Expenditure: \$27,370,481



Employees costs make up 65% of total expenditure.
Staff travel costs made up a further 14%.
The organisation had reduced expenditure compared to the prior year (2023: \$29,511,581)

STATEMENT OF FINANCIAL POSITION



Net Assets: \$14,694,572

Statement of comprehensive income

For the year ended 30 June 2024

	Note	2024 \$	2023 \$
Income			
Recurrent grants	6a	27,572,963	28,169,721
Medicare income	6d	1,012,035	827,436
Miscellaneous income	6d	75,115	31,161
Net gain/(loss) on sale of property, plant, and equipment		(9,327)	14,207
		<u>28,650,786</u>	<u>29,042,525</u>
Expenses			
Asset purchase and repairs		198,007	284,408
Cleaning and supplies		264,625	369,148
Clinical expenditure		272,430	219,664
Consultants and professional services		742,508	441,172
Electricity		242,339	204,796
Employee expenses		17,794,650	19,433,949
Fleet costs		390,097	329,020
Governance		301,712	355,591
Grants repaid	6c	60,428	103,923
Health promotion resources		501,178	332,202
Insurance		240,857	203,550
Insurance claims	2	1,000	84,206
IT expenditure		708,653	679,611
Repairs and maintenance		265,697	259,970
Staff training		530,874	396,899
Telephone and fax		706,385	979,824
Travel and accommodation		3,759,034	4,250,183
Utilities and facilities		147,429	243,544
Other expenses	7	242,578	339,677
		<u>27,370,481</u>	<u>29,511,337</u>
Results from operating activities		<u>1,280,305</u>	<u>(468,812)</u>
Finance income		721,138	486,397
Finance costs		(228,435)	(122,972)
Net finance income/(costs)		<u>492,703</u>	<u>363,425</u>
Amortisation – Intangible assets		17,264	29,622
Depreciation – Property, plant, equipment, and right-of-use assets	9,10	1,657,062	1,622,022
Total depreciation and amortisation expense		<u>1,674,326</u>	<u>1,651,644</u>
Net surplus/(loss) before tax		<u>98,682</u>	<u>(1,757,031)</u>
Income tax expense		-	-
Net loss before capital revenue		<u>98,682</u>	<u>(1,757,031)</u>

Statement of comprehensive income (continued)

For the year ended 30 June 2024

	Note	2024 \$	2023 \$
Capital donated asset	6e	-	661,640
Capital grant revenue	6b	297,252	258,185
Capital Revenue		<u>297,252</u>	<u>919,825</u>
Net surplus/(loss)		<u>395,934</u>	<u>(837,206)</u>
Other comprehensive income		-	-
Total comprehensive income		<u>395,934</u>	<u>(837,206)</u>

This statement should be read in conjunction with the notes to the financial statements.

Statement of financial position

As at 30 June 2024

	Note	2024 \$	2023 \$
Assets			
Cash and cash equivalents		18,263,318	13,962,672
Trade and other receivables	8	854,156	1,220,932
Prepayments		475,147	886,620
Long service leave receivable		182,319	122,693
Total current assets		19,774,940	16,192,917
Deposits - rental bond	8	39,207	15,583
Intangible assets		-	60,546
Long service leave receivable		120,806	90,416
Property, plant, equipment and work in progress	9	9,627,078	9,922,494
Right-of-use assets	10	4,810,409	3,105,403
Total non-current assets		14,597,500	13,194,442
Total assets		34,372,440	29,387,359
Liabilities			
Trade and other payables	11	1,965,507	2,535,103
Contract liability	12	7,490,035	4,760,178
Unexpended capital grant liability	13	4,446,861	3,758,668
Lease liabilities	14	876,830	1,177,643
Provisions	16	404,131	488,342
Total current liabilities		15,183,364	12,719,934
Lease liabilities	14	4,327,216	2,141,180
Provisions	16	167,288	184,568
Total non-current liabilities		4,494,504	2,325,748
Total liabilities		19,677,868	15,045,682
Net assets		14,694,572	14,341,677
Equity			
Retained surplus	17	13,557,809	12,778,323
Reserves	17	1,136,763	1,563,354
Total equity		14,694,572	14,341,677

This statement should be read in conjunction with the notes to the financial statements.

Statement of changes in equity

For the year ended 30 June 2024

		Restricted Medicare funds	Standard reserve	Capital reserve	Retained surplus	Total equity
Attributable to the Company	Note	\$	\$	\$	\$	\$
Balance at 1 July 2022		960,662	580,532	2,037,565	11,600,124	15,178,883
Total comprehensive income						
Net surplus		-	-	-	(837,206)	(837,206)
Other comprehensive income		-	-	-	-	-
Total comprehensive income		-	-	-	(837,206)	(837,206)
Transfers to/from reserves	17b	-	22,160	(2,037,565)	2,015,405	-
Balance at 30 June 2023		960,662	602,692	-	12,778,323	14,341,677
Balance at 1 July 2023		960,662	602,692	-	12,778,323	14,341,677
Total comprehensive income						
Net surplus		-	-	-	395,934	395,934
Other comprehensive income		-	-	-	-	-
Total comprehensive income		-	-	-	395,934	395,934
Prior year amendments	17c	-	-	-	(43,039)	(43,039)
Transfers to/from reserves	17b	-	(426,591)	-	426,591	-
Balance at 30 June 2024		960,662	176,101	-	13,557,809	14,694,572

This statement should be read in conjunction with the notes to the financial statements.


Statement of cash flows

For the year ended 30 June 2024

	2024 \$	2023 \$
Cash flows from operating activities		
Cash receipts from funding bodies	35,344,534	33,103,348
Cash receipts from customers	1,087,150	858,597
Cash paid to suppliers and employees	(32,468,320)	(36,480,490)
Interest received	721,138	486,397
Net cash from/(used in) operating activities	4,684,502	(2,032,148)
Cash flows from investing activities		
Acquisition of intangible assets	-	(3,500)
Acquisition of property, plant and equipment	(413,234)	(256,973)
Capital grants received	985,445	1,214,385
Proceeds from sale of property, plant and equipment	53,736	14,207
Net cash from/(used in) investing activities	625,947	968,119
Cash flows from financing activities		
Payment of lease liabilities	(761,431)	(1,247,330)
Payment of Bond	(23,624)	-
Interest paid	(224,748)	(134,949)
Net cash used in financing activities	(1,009,803)	(1,382,279)
Net increase in cash and cash equivalents	4,300,646	(2,446,308)
Cash and cash equivalents at 1 July	13,962,672	16,408,980
Cash and cash equivalents at 30 June	18,263,318	13,962,672

This statement should be read in conjunction with the notes to the financial statements.



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